

प्राज्ञिक नर्सिङ्ग सेवा, एडल्ट हेल्थनर्सिङ्ग समूह, सहायक प्राध्यापक नौ(ख) (९ ख) तहको खुला र आन्तरिक  
प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

**Paper II: Technical Subject**

1. Concept of adult health and nursing practices
2. Changing concept of nursing care
  - a. Hospital and community care
  - b. Homebased care
3. Application of nursing process: community and hospital
4. Advanced Adult Health Nursing Practice
  - a. Medicine and surgery care
  - b. Oncology care
  - c. Emergency care
  - d. Geriatric care
  - e. Hemodialysis
5. Health promotion and maintenance
6. Factors affecting adult nursing practice
  - a. Education
  - b. Socio-culture
  - c. Political
  - d. Economical
  - e. Legal
  - f. Ecological/geographical
  - g. Health Service f
  - h. Client rights
7. Disorders of respiratory system, gastrointestinal system, hepatobilliary system, neurological system, musculoskeletal system, reproductive system, cardiovascular system, urinary system, endocrine system, special sensory system
8. Infectious diseases in adult
9. Emergency nursing
10. Oncology nursing
  - a. Common cancer among adult in developed and developing countries
  - b. Epidemiology of cancer patient among adult
11. Palliative and hospice care
  - a. Pain management/counselling
12. Geriatric nursing
  - a. Measures of promoting quality of life of elderly people
  - b. Common physical and psychosocial health problems
13. Policy and planning regarding geriatric health

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