

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवाआयोग
प्राज्ञिक नर्सिङ्ग सेवा, सबै समूह, सहायक प्राध्यापक नौ(ख) (९ ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको
पाठ्यक्रम
एवं परीक्षायोजना

यस पाठ्यक्रम योजनालाई दुई चरणमा विभाजनगरिएको छ :

प्रथम चरण :- लिखित परीक्षा(Written Examination)

पूर्णाङ्क :- २००

द्वितीय चरण :-अन्तर्वार्ता (Interview)

पूर्णाङ्क :- ३०

प्रथम चरण(First Phase):लिखित परीक्षा योजना(Written Examination Scheme)

Paper	Subject	Marks	Full Marks	Pass Marks	No. Questions & Weightage	Time Allowed
I	Part I: Leadership and Management and General Health Issues	50	100	40	4×5 = 20 (Short answer) 3× 10 = 30 (Long answer)	3.00 hrs
	Part II: General Nursing, Nursing Research & Teaching - Learning	50			6×5 = 30 (Short answer) 2× 10 = 20 (Long answer)	
II	Specialty Subject: Adult Health Nursing/Child Health Nursing/Women Health & Development		100	40	4× 15 = 60 (Critical Analysis) 2×20 = 40 (Problem Solving)	3.00 hrs

द्वितीय चरण(Second Phase)

Paper	Subject	Full Marks	Time Allowed
	Interview	30	Oral

द्रष्टव्य :

- लिखित परीक्षाको माध्यमभाषा नेपालीवाअंग्रेजीअथवा नेपाली र अंग्रेजीदुवै हुन सक्नेछ ।
- नेपाल स्वास्थ्य सेवाअन्तर्गतकासबै समूह/सबै उपसमूहहरुको लागिप्रथमपत्रको पाठ्यक्रमको विषयवस्तु एउटै हुनेछ । तरद्वितीयपत्रSpecialty Subjectको पाठ्यक्रमसमूह/उपसमूहअनुरूप फरक फरक हुनेछ ।
- प्रथमपत्रको लिखित परीक्षा समूह/उपसमूहकालागि संयुक्त रुपमा एउटै प्रश्नपत्रवाट एकैदिनवा छुट्टाछुट्टै प्रश्नपत्रवाटछुट्टाछुट्टै दिनपनिहुन सक्नेछ । यसैगरी द्वितीयपत्रको परीक्षापनि समूह/उपसमूहअनुसारअलगअलगदिन छुट्टाछुट्टै प्रश्नपत्रवाट हुनेछ ।
- प्रथमपत्रको Part I र Part IIको लागि छुट्टाछुट्टै (Part Iको लागि एउटा र Part IIको लागि एउटा) उत्तरपुस्तिकाहुनेछ भने द्वितीयपत्रको लागिप्रत्येक प्रश्नकाउत्तरपुस्तिकाहरु छुट्टाछुट्टै हुनेछन् ।
- यस पाठ्यक्रममा जे सुकै लेखिएको भएतापनि पाठ्यक्रममा परेका ऐन, नियमहरु, परीक्षाको मितिभन्दा ३ महिना अगाडी (संशोधनभएकावा संशोधितभई हटाईएकावाथप गरी संशोधितभई कायम रहेका) लाई यस पाठ्यक्रममा परेको सम्भन्नु पर्दछ ।
- पाठ्यक्रमलागु मिति: २०७६/०७/२४

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Paper I

Part I: Leadership and Management and General Health Issues

1. Leadership and Management:

- 1.1. Concept of management and its application in health care including hospital.
 - 1.1.1. Management: Concept, principles, functions, scope and role, level and skills of manager
 - 1.1.2. Planning: Concept principles, nature, types, instruments and steps
 - 1.1.3. Leadership: Concept, function, leadership styles, leadership and management, effectiveness
 - 1.1.4. Coordination: Concept, need, types, techniques and approaches of effective coordination
 - 1.1.5. Communication and counselling: Concept, communication processes and barrier to effective communication, techniques for improving communication
 - 1.1.6. Decision making: Importance, types, rational process of decision making, problem solving techniques, improving decision making
 - 1.1.7. Participative management: Concept, advantage and disadvantages, techniques of participation
 - 1.1.8. Time management: Concept, Essential factors and strategies for effective time management
 - 1.1.9. Conflict management: Concept, Approaches to conflict, levels of conflict, causes of conflict and strategies for conflict management
 - 1.1.10. Stress management: Concept, causes and sources of stress, techniques of stress management
 - 1.1.11. Change management: Concept, sources of organizational change, resistance to change, management of resistance to change
 - 1.1.12. Human resource management: Concept, functions and different aspects

2. General Health Issues:

- 2.1. Organizational structure of Ministry of Health at national/federal, regional/state, district (if applicable), municipal and village council level
- 2.2. Nepal Nursing Council and related regulations
- 2.3. National Health Policy 2074
- 2.4. Sustainable Development Goal
- 2.5. Health Management Information System, forms, indicators, annual reports
- 2.6. Health Service Act 2053, Health Service Regulation 2055
- 2.7. Local governance and community participation in health service delivery
- 2.8. Health Insurance, social welfare, old age facility
- 2.9. Alternative health care system: Ayurveda, homeopathy, Unani, Chinese etc.

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- 2.10. Supervision, types and its usage in health sector
- 2.11. Patan Academy of Health Sciences Act, Mission, Goals, Organogram
Scope and function of Patan Academy of Health Sciences executive bodies (senate, executive committee, academic council, faculty board, hospital management committee, subject committee), various other committees

Part II: Research Methodology and Teaching-Learning Practices

2. Bio-ethics (including Medical Ethics/ Research Ethics) and Research Methodology

- 2.1. National Health Research Council (NHRC), its guidelines and Institutional Review Board
- 2.2. IRC forms, types, use, importance; getting IRB/IRC clearance,
- 2.3. Research design: quantitative and qualitative
- 2.4. Research process: ethical research proposal development, research principles, methods and materials, conclusion/recommendation/lesson learnt, commonly used referencing styles
- 2.5. Research Proposal
- 2.6. Research methodology, sampling techniques, data collection, data analysis
- 2.7. Ethics in nursing research
- 2.8. Research critique
- 2.9. Research instruments
- 2.10. Research report
- 2.11. Publication ethics, plagiarism including self-plagiarism
- 2.12. Citation and references

3. Teaching-Learning and Evaluation:

- 3.1. Learning theory
- 3.2. Need analysis in education
- 3.3. Instructional design
- 3.4. Curriculum development
- 3.5. Teaching methods, seminar, workshop, conference, evaluation in education
- 3.6. Surface learning deep learning and metacognition
- 3.7. Problem-based learning: Genesis, use, importance and outcomes in Nepal and beyond
- 3.8. SPICES model its use, importance and outcomes in Nepal and beyond
- 3.9. Bloom's Taxonomy: Domain, cognitive, affective, psychomotor
- 3.10. Types of evaluation

4. Nursing Theories:

- 4.1. Nursing theory and models
- 4.2. Application of nursing theories model in nursing practice, education and research

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5. Epidemiology and Biostatistics:

5.1. Epidemiological studies, concept of health and disease, epidemiological prevention of communicable and noncommunicable diseases

6. Trends and Issues:

6.1. Nursing as a profession

6.2. Issues in nursing education, nursing practices

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवा आयोग