पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवा आयोग

प्राज्ञिक सेवा, आँखारोग समूह, सहप्राध्यापक दशौँ (१०) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Anatomy, Physiology and Developmental anomaly of

- 1.1 Eyelids
- 1.2 Orbit
- 1.3 Eye Ball

2. Optics & Refraction

- 2.1 Refractive errors
- 2.2 Contact lens
- 2.3 Low vision aids
- 2.4 Refractive surgeries

3. Conjunctiva

- 3.1 Differential diagnosis of Conjunctivitis with other red eye conditions.
- 3.2 Management of ophthalmia neonatorum
- 3.3 Tumors

4. Cornea

- 4.1 Applied Anatomy, physiology and innervations of cornea in relation tokeratorefractive surgery and cataract surgery.
- 4.2 Types of keratitis
- 4.3 Corneal ulcers
- 4.4 Dystrophies & Degenerations
- 4.5 Keratoplasty

5. Sclera

- 5.1 Applied anatomy of sclera in relation to Squint and retinal detachment surgeries.
- 5.2 Episcleritis
- 5.3 Scleritis
- 5.4 Sclerokaratitis

6. Crystalline lens

- 6.1 Applied Anatomy and physiology of lens
- 6.2 Cataract: type and causes of cataract.
- 6.3 Management of cataract.
- 6.4 Recent advances in cataract surgeries
- 6.5 Challenges in management of complicated cataract.

7. Lids and ocular adnexa ,Orbit & lacrimal system

7.1 Applied anatomy and physiology in relation to surgeries of lids and ocular adnexa, lacrimal system(NLD) and orbit.

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- 7.2 Proptosis
- 7.3 Ptosis.
- 7.4 Common orbital tumours and its surgical management.
- 7.5 Common eye lids tumors
- 7.6 Recent advances in management of nasolacrimal duct (NLD) block in various age groups.

8. Glaucoma

- 8.1 Anatomy of angle structures and its clinical implications
- 8.2 Glaucoma: classification of glaucoma and diagnosis.
- 8.3 Surgical management
- 8.4 Antiglaucoma drugs

9. Uveal tract

- 9.1 Anatomy and physiology of uveal tract and clinical applications
- 9.2 Uveitis: types and aetiopathology and management of uveitis.
- 9.3 Management of uveitic cataract.

10. Retina & Vitreous

- 10.1 Applied anatomy, physiology and blood circulations of retina and vitreous
- 10.2 Ocular complications of Systemic diseases and it's managements; e..g. Diabetic and Hypertensive retinopathy, Retinopathy of prematurity, Retinal vascular occlusive disorders, thyroid related ophthalmology, pregnancy related retinopathy etc.
- 10.3 Retinal Detachment
- 10.4 Age related macular degeneration and recent advances in its management.
- 10.5 Anti VEGF
- 10.6 Retinal tumors
- 10.7 Vitreous surgeries

11. Strabismus

- 11.1 Binocular single vision & anomalies
- 11.2 Extraocular muscles and ocular motility
- 11.3 Strabismus: Definition, Classification and management.
- 11.4 Amblyopia and its management

12. Ocular emergencies and Injuries

- 12.1 Classification of ocular trauma/injuries.
- 12.2 Diagnosis, management and prevention of ocular injuries
- 12.3 Intraocularforeign bodies
- 12.4 Chemical Burns of eye

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13. Ocular investigations in ophthalmology:

X-Ray of orbit, Ocular USG, Fluorescence angiography, OCT, CT and MRI Scan.

14. Ocular Pathology

- 14.1 Ocular histology
- 14.2 Ocular microbiology
- 14.3 Ocular immunology
- 15. Parasitic and Protozoal infestations of eye
- 16. Effects of High altitude on eye
- 17. Recent advances in diagnosis and management of Dry Eye.
- 18. LASER in ophthalmology
- 19. Ocular gene therapy