पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवा आयोग

प्राज्ञिक सेवा, चर्मरोग समूह, सहप्राध्यापक दसौं (१०) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको

### पाठ्यक्रम

# **Paper II: Technical Subject**

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# 1. Introduction

- 1.1 Epidemiology of skin diseases
- 1.2 Skin diseases and quality of life
- 1.3 Health burden due to skin diseases
- 1.4 Structure and development of the skin
- 1.5 Function of the skin
- 1.6 Approach to dermatologic diagnosis
- 1.7 Immunity and the skin

# 2. Infective dermatoses

- 2.1 Bacterial and mycobacterial infections
- 2.2 Parasitic and protozoal infestations
- 2.3 Fungal infections
- 2.4 Viral infections

# 3. Non-infective dermatoses

- 3.1 Eczemas (dermatitis)
- 3.2 Pigmentary disorders
- 3.3 Disorders of sebaceous glands, sweat glands and hair follicles
- 3.4 Urticaria, angioedema
- 3.5 Naevi and other developmental defects
- 3.6 Vasculitis
- 3.7 Pruritus
- 3.8 Papulo-squamous diseases
- 3.9 Disorders of keratinization
- 3.10 Immunobullous diseases
- 3.11 Drug eruptions
- 3.12 Dermatological emergencies
- 3.13 Skin changes in autoimmune connective tissue diseases
- 3.14 Disorders of dermal connective and subcutaneous tissue
- 3.15 Skin tumours
- 3.16 Cutaneous lymphomas
- 3.17 Nutritional and metabolic disorders
- 3.18 Skin manifestations in systemic diseases
- 3.19 Psychocutaneous diseases
- 3.20 Occupational skin diseases
- 3.21 Skin diseases and environment
- 3.22 Disorders of hair
- 3.23 Disorders of nail

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#### पाठ्यक्रम

- 3.24 Sweets syndrome, pyoderma gangrensum, granuloma faciale, sub-corneal pustular dermatosis
- 3.25 Sarcoidosis
- 3.26 Reiters disease
- 3.27 Skin changes due to physical and chemical factors
- 3.28 Genetics and genodermatoses
- 3.29 Skin diseases in neonates
- 3.30 Skin diseases in geriatric patients
- 3.31 Skin manifestations in pregnancy
- 3.32 Aging of skin

### 4. Diagnostic investigations in dermatology

- 4.1 Histopathology
- 4.2 Cytology
- 4.3 Immunofluorescence
- 4.4 Autoantibodies

# 5. Therapy in dermatology

- 5.1 Dermatosurgery
- 5.2 Lasers
- 5.3 Topical
- 5.4 Systemic
- 5.5 Phototherapy
- 5.6 Cryotherapy
- 5.7 Detergents
- 5.8 Moisturizers
- 5.9 Sunscreens
- 5.10 Esthetic procedures
- 5.11 Recent advances

# 6. Leprosy

- 6.1 Leprosy elimination in Nepal
- 6.2 Stigma and leprosy
- 6.3 Clinical types, reactions, deformity and disability
- 6.4 Recent advances

### 7. Venereology

- 7.1 STIs
- 7.2 HIV/AIDS
- 7.3 Syndromic approach to STIs
- 7.4 National policies
- 7.5 Recent advances