**Title page**

**(Note: single space normal margin, Calibri 11, details on ‘Author guideline’ on** [**JPAHS**](https://www.pahs.edu.np/downloads/journal-of-pahs/)**, before submission remove all the comments, turnoff track change)**

**Type of article: review article**

**Title of the article:**

**Running title:**

**Total number of pages:**

**Total number of tables:**

**Total number of figures:**

**Word counts**

**For abstract: (except heading)**

**For the text: (except heading and references)**

**Source(s) of support:**

**Presentation at a meeting:**

**Organisation**

**Place**

**Date**

**Conflicting interest (if present, give more details):**

**Article Text (full document, do not use section/page break)**

**Title of the article:**

**Author info**

**Correspondence:**

**Abstract**

**Keywords:**

**Introduction**

**Heading**

**Conclusion**

**Acknowledgement**

**Funding**

**COI**

**Author’s contribution**

**Reference**

**Title/Table**

**Legends/Figures**