

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवा आयोग
प्राज्ञिक नर्सिङ्ग सेवा, एडल्ट हेल्थनर्सिङ्ग समूह, सहायक प्राध्यापक नौ(ख) (९ ख) तहको खुला र आन्तरिक
प्रतियोगितात्मक परीक्षाको पाठ्यक्रम
Paper II: Technical Subject
Section (A) - 45 Marks

1. Concept of adult health and nursing practices
2. Changing concept of nursing care
 - 2.1 Hospital and community care
 - 2.2 Home based care
3. Application of nursing process: community and hospital
4. Advanced Adult Health Nursing Practice
 - 4.1 Medicine and surgery care
 - 4.2 Oncology care
 - 4.3 Emergency care
 - 4.4 Geriatric care
 - 4.5 Haemodialysis
5. Health promotion and maintenance
6. Factors affecting adult nursing practice
 - 6.1 Education
 - 6.2 Socio-culture
 - 6.3 Political
 - 6.4 Economical
 - 6.5 Legal
 - 6.6 Ecological/geographical
 - 6.7 Health Service
 - 6.8 Client rights
7. Nursing Theories:
 - 7.1 Nursing theory and models
 - 7.2 Application of nursing theories model in nursing practice, education and research
8. Trends and Issues:
 - 8.1 Nursing as a profession
 - 8.2 Issues in nursing education, nursing practices
9. Epidemiology and Biostatistics:
 - 9.1 Epidemiological studies, concept of health and disease, epidemiological prevention of communicable and non-communicable diseases

Section (B) - 55 Marks

10. Disorders of respiratory system, gastrointestinal system, hepatobilliary system, neurological system, musculoskeletal system, reproductive system, cardiovascular system, urinary system, endocrine system, special sensory system
11. Infectious diseases in adult
12. Emergency nursing
13. Oncology nursing
 - 13.1 Common cancer among adult in developed and developing countries
 - 13.2 Epidemiology of cancer patient among adult
14. Palliative and hospice care
 - 14.1 Pain management/counselling

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15. Geriatric nursing
 - 15.1 Measures of promoting quality of life of elderly people
 - 15.2 Common physical and psychosocial health problems
16. Policy and planning regarding geriatric health