

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवा आयोग
प्राज्ञिक नर्सिङ्ग सेवा, नर्सिङ्ग समूह, कम्युनिटी मिडवाइफरी उपसमूह, सहायक प्राध्यापक नौ(ख)(१ख) तहको
खुल्ला र आन्तरिक प्रतियोगिताको परीक्षाको पाठ्यक्रम

Paper II : Technical Subject

Section (A) - 45 Marks

1. Community Midwifery

- 1.1 Status of women in their health needs in Nepal
 - 1.2 Women Rights
 - 1.3 International Bill of Rights
 - 1.4 Women Labour Act, Child Labour Act
 - 1.5 Factors affecting health and development of women
 - 1.6 Genetics, embryology and hormonal influences in reproduction
 - 1.7 Reproductive health and safe motherhood
 - 1.8 Components of Reproductive Health
 - 1.8.1 Family Planning
 - 1.8.2 Care of newborn
 - 1.8.3 Safe motherhood
 - 1.8.4 Prevention & management of abortion
 - 1.8.5 Adolescent reproductive health
 - 1.8.6 STDs and HIV/AIDS
 - 1.8.7 Management of infertility
 - 1.8.8 Health of women in reproductive age and elderly
 - 1.8.9 Gender based violence
 - 1.9 Indicators of reproductive status: maternal morbidity and mortality
 - 1.10 Sustainable Development Goals
 - 1.11 Safe Motherhood
 - 1.11.1 Pre-conceptual
 - 1.11.2 Antenatal
 - 1.11.3 Intranatal
 - 1.11.4 Postnatal
 - 1.11.5 Neonatal
 - 1.11.6 Family planning (Postpartum)
 - 1.12 Status of adolescent health Nepal
 - 1.13 Gender Based Violence
 - 1.14 Abortion Status in Nepal
- 2. Nursing Theories:**
- 2.1 Nursing theory and models
 - 2.2 Application of nursing theories model in nursing practice, education and research
- 3. Trends and Issues:**
- 3.1 Nursing as a profession
 - 3.2 Issues in nursing education, nursing practices
- 4. Epidemiology and Biostatistics:**
- 4.1 Epidemiological studies, concept of health and disease, epidemiological prevention of communicable and non-communicable diseases

Section (B) - 55 Marks

5. Community Midwifery

- 5.1 Deviated antepartum care
- 5.2 Deviated intrapartum care
- 5.3 Deviated postpartum care
- 5.4 Obstetric emergency and lifesaving skills

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- 5.5 Intrauterine fetal compromise
- 5.6 Deviated newborn care
- 5.7 Ethical and legal issues in maternal health
- 5.8 Evidence based current practices
 - 5.8.1 Current maternal and neonatal updates
 - 5.8.2 Reproductive assisted technologies
 - 5.8.3 Maternal health innovation
- 5.9 Maternal and Child Health
 - 5.9.1 Concept of Maternal and Child Health
 - 5.9.2 Causes of mortality and delays models of maternal Mortality
 - 5.9.3 Community based interventions for improving maternal and child health
 - 5.9.4 National Maternal and Child Health Programs
 - 5.9.5 Community based integrated management of neonatal and child illness (CB-IMNCI)
 - 5.9.6 Facility based integrated management of neonatal and child illness (FB-IMNCI)

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