

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवा आयोग  
प्राज्ञिक-नर्सिङ्ग सेवा, नर्सिङ्ग समूह, **Adult Health** उपसमूह, लेक्चरर नौ (क) (९ क) तहको  
खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

**Paper II: Technical Subject**  
**Section (A) - 45 Marks**

**A. Adult Health/Medical Surgical Nursing**

1. Concept of adult health/medical surgical nursing practice
2. Nursing process and communication
3. Factors affecting adult nursing practice
4. Genetics and embryology in reproduction
5. Adult Health Disorders
  - Disorders of gastro-intestinal system
  - Disorders of hepatobiliary systems
  - Disorders of respiratory system
  - Disorders of cardiovascular system and hematological
  - Disorders of endocrine system
  - Disorders of musculo-skeletal systems
  - Disorders of urinary system
  - Disorders of neurological system
  - Disorders of reproductive system
  - Disorders of sensory system
6. Infectious diseases of adults

**Section (B) - 55 Marks**

7. Emergency nursing: scope, issues, components, principles
  - Disaster management/mass casualty incidents
  - Basic Life Support (ABCD method)
  - Major emergency conditions: diagnostic and therapeutic management
8. Critical care nursing: concept and role of nurses
9. Oncology nursing
  - Treatment modalities and nursing intervention
  - Pain theory (review)
  - Communication and breaking bad news
  - End of life care
  - Bereavement
  - National health policies/guidelines/strategies/protocols related to oncology
10. Long term care
  - Phenomenon of chronicity
  - Rehabilitation
    - Hospice and palliative care
11. Gerontological nursing
12. Operation theater technique

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