

**Paper II : Technical Subject**  
**Section (A) - 45 Marks**

**A: Community Health Nursing**

1. Introduction, goal, objectives, principles of community health nursing
2. Trends and development of community health nursing
3. Scope of community health nursing practices
4. National health policies, guidelines, strategies and programs
5. Theories and models relevant to community health nursing:
6. Environment and health
7. Population dynamics and control
  - Population theory
  - Concept of well-being
  - Human Developmental Index (HDI)
  - Population pyramid of Nepal and its implication on health, health planning and health service utilization.
  - Vital and health statistics
8. Nutrition and health
  - National nutritional policies and program, strategies of governmental and non-governmental organizations related to nutrition promotion.
  - Nutritional assessment methods
  - Family health and nursing: Concept, Scope and Principles of Family Health Nursing.
9. Maternal and child health and their protocols
10. School health Program
11. Community Assessment/ Diagnosis: concept, objectives, purposes, tools, components, methods
12. Epidemiology of communicable disease & non-communicable diseases
  - Epidemiology of major public health problem in Nepal

**Section (B) - 55 Marks**

13. Community health care service management
  - Health care delivery system in Nepal
    - Federal government
    - Province and
    - Local level of government
14. Program management in community
15. Community mental health
16. Community participation
17. Community development program: concept, criteria, approach and steps
18. Care of elderly in community
19. Rehabilitation care: introduction, types, process, goal, concepts and principles, issues, methods and models of rehabilitation, role of nurse
  - Disaster management in community: concept, impact, rapid response, preparedness and mitigation, management
20. Occupational health, guideline and protocol: introduction, goal, objective, importance

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवा आयोग

प्राज्ञिक-नर्सिङ्ग सेवा, नर्सिङ्ग समूह, **Community Health Nursing** उपसमूह, लेक्चरर नौ (क) (९ क)

तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- Common occupational hazards, diseases and its preventive measure
  - Role and responsibility health of community nurse in occupational health.
21. Reproductive health
- Reproductive health package (components)
  - National reproductive health guideline and strategies
  - Common major problem in related to reproductive health
22. Health economics in community health practice
23. Ethical and legal issues
24. Care of special group in community
25. Quality measurement and improvement in community health nursing

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