

**Paper II: Technical Subject**  
**Section (A) - 45 Marks**

1. Nursing: history, principle, trend and issues in nursing
2. Use of nursing theories in nursing practice
3. Use of nursing process and utilization of evidence based nursing practice
4. Methods of nursing professional empowerment using Leadership
5. Public relation in Nursing
6. Nursing personnel management
7. Risk management in nursing
8. Disaster/mass causality management
9. Problem and stress management in nursing
10. Job description of various categories of nursing personnel
11. In-service education: component, Process
12. Continuous Professional Development
13. Education (Health Education):
  - 13.1 Identification of learning need of personnel
  - 13.2 Planning of short and long term educational programme in nursing
  - 13.3 Implementation of educational programme.
  - 13.4 Monitoring supervision of educational programme.
  - 13.5 Evaluation of short term and long term educational programme
  - 13.6 The educational programme for clients, family and community.
14. Recording and Reporting
  - 14.1 Nursing staff, Leaves confidential report
  - 14.2 Hospital record
  - 14.3 In-service education, research activities
  - 14.4 Infection control nursing service activities
  - 14.5 Inventories
  - 14.6 Attendance
15. Nursing Research
  - 15.1 Purpose of nursing research
  - 15.2 Scope of Nursing research
  - 15.3 Area/elements of Nursing research
  - 15.4 Components and research proposal
  - 15.5 Utilization of research findings

**Section (B) - 55 Marks**

16. General health problems related to each body system throughout life term
  - 16.1 New born
  - 16.2 Infant
  - 16.3 Toddler
  - 16.4 School Children
  - 16.5 Adolescence reproductive health
  - 16.6 Young adult hood
  - 16.7 Middle adult hood
  - 16.8 Elderly
17. Reproductive health
  - 17.1 Components of reproductive health

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवा आयोग  
प्राविधिक सेवा, नर्सिङ्ग समूह, तह ९(क) नर्सिङ्ग सुपरभारजर पदको आन्तरिक प्रतियोगितात्मक परीक्षाको  
पाठ्यक्रम

- 17.2 Reproductive health act, policy, strategies
  - 17.3 Antenatal, Intra natal, Post natal care
  - 17.4 Abortion: Comprehensive abortion care, Post abortion care, Legalization of abortion, Safe abortion policies and strategies
  - 17.5 Gender mainstreaming in health
18. Indicators
- 18.1 Health indicators
  - 18.2 Demography/Socio-cultural
  - 18.3 Reproductive health indicators
  - 18.4 Population Dynamic
19. Common mental health problems in Nepal
- 19.1 Trend and issues related to psychiatry care and treatment
  - 19.2 Mental health policies and act
  - 19.3 Preventive, Promotive and Rehabilitative aspect

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