

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवा आयोग  
प्राज्ञिक सेवा, नर्सिङ्ग समूह, एडल्ट हेल्थ उपसमूह, सह-प्राध्यापक, दशौ (१०) तहको  
खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

**Paper II: Technical Subject**

**Section (A) - 45 Marks**

**A. Adult Health/Medical Surgical Nursing**

1. Changing concept of nursing care
  - a. Hospital and community care
  - b. Home-based care
2. Application of nursing process
3. Factors affecting adult nursing practice
4. Common disorders of adults
  - a. Respiratory system
  - b. Gastrointestinal system,
  - c. Hepatobilliary system,
  - d. Neurological system,
  - e. Musculoskeletal system,
  - f. Reproductive system,
  - g. Cardiovascular system,
  - h. Urinary system,
  - i. Endocrine system,
  - j. Special sensory system
5. Infectious diseases in adult

**Section (B) - 55 Marks**

6. Emergency nursing
  - a. Issues and components of emergency nursing care
  - b. Disaster management and mass casualty incidents
  - c. Major emergency conditions and their management
  - d. Triage and purposes of triage
  - e. Basic life support
7. Oncology nursing
  - a. Common cancer among adult in developed and developing countries
  - b. Epidemiology of cancer patient among adult
  - c. Treatment modalities
  - d. Communication and breaking bad news
8. Palliative and hospice care
  - a. Pain management/counselling
9. Geriatric nursing
  - a. Measures of promoting quality of life of elderly people
  - b. Common physical and psychosocial health problems
  - c. Policy and planning regarding geriatric health
10. National health policies/guidelines/strategies/protocols related to non-communicable diseases

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