

पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवाआयोग
प्राज्ञिक नर्सिङ्ग सेवा, सबै समूह, बरिष्ठ प्रशिक्षण सहायक पद, आठ (८) तहको
खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II
Section (A) - 45 Marks

Common health problem through the life span, Nursing Research and Research Methodology and Teaching- Learning and Evaluation:

1. Common health problem through the life span

1.1 Introduction: Common health problems in developing countries, Focus of nursing in meeting these problems: concept of CBIMNCI

1.2. Early Childhood

- Neonate with problems and its management
- List the normal development milestones of an infant, Infant (first year of life)
 - Major growth and development, milestones (review), physical growth, physiological changes, social intellectual development, adoptive behaviour, activities, play, toys
 - Developmental task of infants- promotion of optimum development: immunization (review), nutrition (review), growth assessment, parental concern and health teaching (teething, thumb sucking, sleep, feeding problems)
- State the normal growth and development of the 1-3 years age group.
 - Toddler (1-3 years)- Major growth and development: Physical growth, social intellectual development, adoptive behavior, activities, play, toys
 - Development tasks
 - Promotion of optimum development dealing with: separation anxiety, sibling rivalry, toilet training, limit setting and discipline temper tantrum, thumb sucking, negativism, nutritional requirement, dental care
 - Developmental task – promotion of optimum development: early education and stimulation, fears and aggression, sleeping problems, discipline, nutrition.
 - Common health problems of early childhood: Accidents and their prevention(Review), Nutritional disorders (review), Respiratory problems- URI, LRI, Parasitic infestation (review), Skin problems (review), Communication diseases, Urinary tract problems, Behaviour problems: Pica, bed wetting

1.3. Middle childhood (5-12 years)

- School age (5-12): Development tasks, Physical development, Psychological development, Intellectual development, Pre-adolescence, Physical changes, social changes
- Health promotion during middle childhood: Sleep, rest, Nutrition, Exercise and activity, Dental health, Accident prevention, school health, sex education
- Explain the common health problems of middle childhood.
 - Common health problems of middle childhood: communication, diseases (review), Dental problems and caries (review), Parasitic disorders (review), skin disorder (review),

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Insect bites (review), behaviour problems, Attention deficit disorder, Learning disability,
Enuresis, Recurrent abdominal pain, School phobia, childhood schizophrenia

- 1.4. Common physical problems of adolescence
- 1.5. Life style and developmental tasks of young adults:
- 1.6. The middle age adult: Normal changes and needs
- 1.7. The elderly adult: life style
 - Old age empowerment
 - Nursing implications

Section (B) - 55 Marks

2. Nursing Research and Research Methodology

- 2.1. Research design: Quantitative
- 2.2. Research Process
- 2.3. Research Proposal development
- 2.4. Research methodology, sampling techniques, data collection, and data analysis
- 2.5. Ethics in nursing research
- 2.6. Research instrument
- 2.7. Research report, Conclusion recommendation

3. Teaching- Learning and Evaluation:

- 3.1. Learning theory
 - Principles of adult learning
 - Learning Process
 - Characteristics of learning
- 3.2. Teaching:
 - Role of teacher
 - Characteristics of an effective teacher
 - Teacher's needs

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- Teaching ethics
- Teaching Process
- Instructional objectives: behavioral objectives
- Types of Objectives

3.3. Taxonomy of objectives

3.4. Teaching methods: Purpose and Principles

- Individual methods
- Group methods
- Mass methods
- Other methods

3.5. Learning resources: Purposes, Principles, Types of Audio Visual Aids

3.6. Evaluation: Purposes, Principles

- Types of evaluation: Based on use of result and interpretation of result.

3.7. Lesson Plan: Purpose, Components

3.8. Role of the supervisor's in the clinical field.

3.9. Curriculum development

- Curriculum models
- Curriculum implementation

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